

April 3rd, 2024

Hello Eagle Families!

Your child has expressed interest in joining the Brentwood Eagles Cross Country team! Cross country is a running club for students in grades 3, 4 and 5 and all levels are welcome. We practice on school grounds at lunch recess. There will be 3 district meets held after school at Centennial Park on April 17th, 24th and May 1st. Families are responsible for transportation to and from these meets as well as supervision while at Centennial Park. Staff will be on site to help with general supervision, assisting at the start and finish lines, and marshaling along the route. We understand that there will be students who practice with us, but are unable to attend the meets. This is fine, but students must come to practice in order to attend the meets. More information regarding the meets will be sent home closer to our first meet date and posted to the school website.

Please discuss the following expectations with your child then complete the permission form attached.

I commit to...

- attending all practices when I am at school (if you are injured you are expected to come to practice to let the coaches know. You may be asked to help with sign-in/out or to cheer your team mates on)
- trying my best and demonstrating a positive attitude
- supporting my team mates
- following our Brentwood Beliefs at all times, especially at the district meets
- coming prepared with proper footwear and clothing for running

X-Country Practice and Meet Dates:

- Monday, April 8th (practice)
- Wednesday, April 10th (practice)
- Friday, April 12th (practice)
- Monday, April 15th (practice)
- **Meet #1** - Wednesday, April 17th
- Friday, April 19th (practice)
- **Meet #2** - Wednesday, April 24th
- Friday, April 26th (practice)
- Monday, April 29th (final practice)
- **Meet #3** - Wednesday, May 1st



The attached form is requesting your consent for your child to participate in both the x-country practices and the x-country meets. Please complete **both sides** and return ASAP (see your classroom teacher or Mrs. MacGregor if you did not receive a form).

Thank you,

Your x-country coaches